

Brenda Swartz

From: Sara Barajas [lexykittysmama@]
Sent: Monday, May 17, 2010 4:01 PM
To: Brenda@bodydynamics.com
Subject: MEGA CLEANSE

I just started taking MEGA CLEANSE EX & MEGA CLEANSE on 05-13-2010

And already feel great love it.

I was wondering if I can take the MEGA CLEANSE in the morning?

I took some this morning just to see what would happen and it took my hunger away

Lunch I had a soup. A soup I don't eat soup I have to have a big lunch but was not that hungry

Do you have any suggestion on a diet?

Thank you
Sara Barajas