

Brenda Swartz

From: Patty Steele [psalamena@sbcglobal.net]

Sent: Tuesday, January 24, 2006 9:50 PM

To: brenda@bodydynamics.com

Hi Brenda,

I wanted to share with you my experience with Mega Cleanse. In 1997 my doctor noticed my uterus was the size of a three month pregnancy, and I was not pregnant. Every 6 months I went in for a pap and they did all kinds of tests, including for sexually transmitted diseases and cysts and they came to the conclusion I suffered from endometriosis and tiny fibroid that are not visible. They put me on the pill, which I hated the results so I quit taking them.

I clean houses for a living and one couple I cleaned for had a caretaker live in whom you personally know. One day I shared with her how ill I was feeling and how I have not had a bowel movement in 10 days and this has been an issue for a long time for me. She explained to me how toxins build by lack of bowel movements, I did not know this stuff so I did some research and gained some knowledge. The next week when I went ! to go clean she handed me a bottle of Mega Cleanse and asked me to try this and see how it works, and if need to to call you. I started taking the Mega Cleanse and when it was time for my 6 month check up and after examining me the doctor took off her gloves and asked me what I was doing differently and I shared with her about the Mega Cleanse and she suggested I not stop doing this because my uterus is right at normal.

I have to admit, I stopped taking the Mega Cleanse faithfully for about two years when I went through a difficult time in my life and noticed the symptoms so I got back on the Mega Cleanse and have been faithful for near 2 years again and doing well. I also have learned allot about nutrition and have changed my eating habits.

Thanks so much because the confidence of a friend of yours and Gods answered prayers I have not had to have surgery and I do not suffer with all the paralyzing pain because I keep my body as clean as possible.

Patty Steele