

**Claudia Nelson  
923 Bridget Dr.  
Dallas, Texas 75218**

July 15, 2010

RE: Total Digestion Probiotic

Body Dynamics, Inc.  
2034 Statler Drive  
Carrollton, TX 75007-5441

Dear Brenda,

Thank you one more time for your recommendation regarding your new product Total Digestion Probiotic. I want to share with you what a difference it made when we went on vacation this year. We dined on lots of pizza, lasagna, cheese, gelato ... things I do not normally eat, because of digestion problems. I took the Probiotic faithfully and never had a problem. As a result I had so much fun eating the foods of Italy in Italy and not suffering for it!!

Also I want to thank you again for the Cleanse products. We have been taking them now for at least 4 years ... maybe longer. They have made such a difference in our "well-being". I never want to return to the discomfort and problems we were having before we discovered Mega Cleanse and Mega Cleanse EX. We were continually looking for something that would help ... unsuccessfully. Then one happy day someone shared a packet of samples with us and the rest is history.

Thank you for providing great products that enhance our well being!

Best regards,

Claudia Nelson