



## INGREDIENT: Phenoxyethanol

### Why it is safe and beneficial.

(Medically Reviewed by Debra Jaliman, MD on July 20, 2023)

Safe for use in low concentrations. Phenoxyethanol is approved by several entities for use in products, including consumption in a concentration of under 1%.

- Cosmetic Ingredient Review (CIR) Panel
- Food & Drug Administration (FDA)
- European Economic Community (EEC)

Studies show that it is not a primary or cumulative skin irritant. It is generally safe in the correct amount of under 1%.

If your cosmetics products aren't preserved correctly and become contaminated, **they are very harmful**. Your skin may be irritated, infected, and you may even have symptoms of illness.

Phenoxyethanol is **considered safe for use in baby soaps, shampoos, wipes, lotions etc.**

#### Other uses include:

- Insect repellent
- Antiseptic
- Solvent
- Anesthetic in fish aquaculture

Products that **contain phenoxyethanol** include:

- Eye shadow
- Sunscreen
- Mascara and eyeliner
- Shampoo and conditioner
- Foundation and concealer
- Hand cream
- Blush
- Hair color
- Hair spray
- Lip balm and gloss
- Lotion and moisturizer
- Nail polish