



FACE LIFT MASQUE

GET READY TO GLOW!

Detailed Instructions

WHAT IT IS AND HOW IT WORKS

If you want luminous, glowing skin, it begins with the removal of dead skin build up and plaque that are blocking your pores. This buildup causes large pores and prevents absorption of the skin renewing nutrients that are in the Skin Drink® treatment and repair products!

MASQUE AND EXFOLIATE ON THE W'S WEDNESDAY AND WEEKENDS!

Masque every week and scrub 1-2 times per week.

1. Wash your face, and lightly scrub with microdermabrasion facial resurfacing crystals.

2. To hasten removal of debris in your pores, use steam therapy. Boil a sauce pan ½ full of water (add chamomile tea bags, if desired). Set it on the table and hold your head over the steam for 10 minutes. This will soften hardened plaque and sebum that is blocking your pores. Dry face completely.

3. Squirt out a dollop of Masque in to your palm. Take the 3 fingers on other hand to scoop up product and swipe a layer of the masque on your face one section at a time until your entire face is covered. Never rubbing it on in a circular motion, as it is the consistency of honey and tree sap! Allow it to dry without moving your facial muscles for 30 minutes. It is easier to remove in the shower, wash with cleanser. Follow with Skin Drink® products of your choice.



DEEP CLEANSING FACIAL INSTRUCTIONS



SKIN DRINK PRO ENZYME PEEL

(can be used 1 or 2 times per week)

Apply to very clean, damp skin.

Leave on 5-10 minutes.

Moisten fingers and massage gently, without pressing down in a circular motion for a few seconds.

Rinse thoroughly.

Apply SKIN DRINK® Serum and moisturizer for your skin type. It is helpful for sun damage, acne, and mature skin. This will increase collagen synthesis and thicken skin over time, providing a dewy, fresh look and feel.

For a more aggressive level of exfoliation, cocktail the Microdermabrasion Scrub with Pro Peel. Follow pro peel directions.

MICRODERMABRASION SCRUB FACIAL RESURFACING CRYSTALS

(can be used two times per week)

Apply a small amount to a clean wet face.

Massage skin in a small circular motion without pressing down, for 10 to 20 seconds.

Rinse thoroughly.

Apply SKIN DRINK® serums, and or moisturizer for your skin type.

FOR A LESS AGGRESSIVE APPROACH Mix a small amount of micro with small amount of cleanser. Rub on your face in a circular motion for 10-20 seconds. This can be done daily if desired.

DAILY CARE

After cleanser and toner, apply any of the SKIN DRINK® serums, creams. Add a drop or 2 of the CBD Glow Drops if desired.

SKIN DRINK® should be used AM and PM over entire face, neck, chest, and hands.

Use the EYE FIRMER around the entire eye area, and the EXTREME RESTORATION LYFT on the neck and chest area.

Use the BODY FIRMER all over.

You can mix any of these creams and serums to create a cocktail of ingredients to customize the treatment to your particular skin type, or use them alone.

MORNING SKIN CARE HACK. In a morning rush? Skip cleanser, apply Toner thoroughly to remove any overnight residue from your face, then continue with products of choice.

Always add **DAY PROTECTION SPF 30.**

Use EYE FIRMER both day and night.

OILY SKIN Apply the Acne 911 directly on to the breakouts. Follow with the SKIN DRINK formulas for your skin type.

ALL SKIN TYPES Spritz your face with GLOW ALL DAY SPRAY any time to freshen up. Over makeup is fine.

All formulas work well with makeup.

YOU'LL HAVE THE MOST BEAUTIFUL SKIN EVER!