

Indol-3-Carbinol (i3C) 50 mg The National Institutes of Health (NIH) has reviewed indole-3-carbinol as a possible cancer preventive agent and is now sponsoring clinical research for breast cancer prevention.

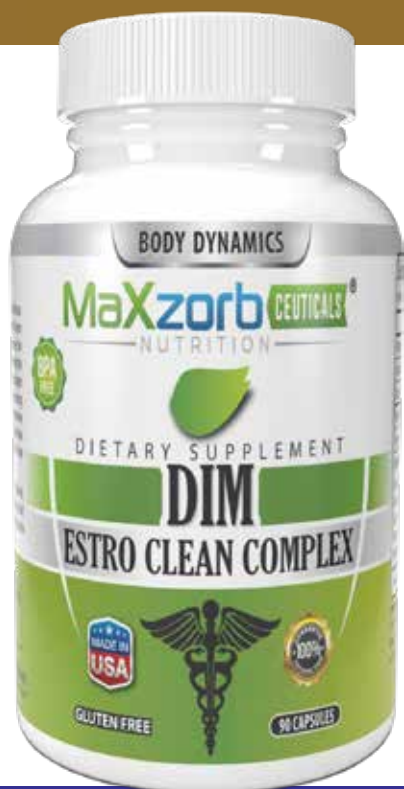
Indole-3-carbinol is used to balance hormone levels, "detoxify" the intestines and liver, and to support the immune system.

Di-Indolyl Methane (DIM) 100 mg Scientific research shows that DIM increases the level of "good" estrogens (2-hydroxyestrogen) while reducing the level of "bad" estrogens (16-hydroxyestrogen).

Underproduction of 2-hydroxyestrogen in women has been linked to PMS, acne, mid-life obesity, and painful menstruation.

DIM has been shown in scientific studies to reduce the risk of prostate and other hormone-driven cancers by helping the body to make a better balance of hormones. DIM promotes the availability of FREE testosterone in men.

DIM supports healthy weight loss and optimizes lean body mass in men and women.



Supplement Facts

Serving Size 2 Vegetable Capsules Servings Per Container 45

	Amount Per Serving %D V	
Vitamin C (as Ascorbyl Palmitate)	200 mg	335%
Vitamin D3 (as Cholecalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopheryl acid succinate)	60 IU	200%
Diindolemethane (DIM)	100 mg	*
Indole-3-Carbinol	50 mg	*
EstroPurePlex Blend:	640 mg	*
Broccoli Extract (BroccoSinolate) 4% Glucosinolates Sprouts, Florets and Seeds, Rosemary Leaf Extract, Turmeric Root Extract, Soursop (Graviola) Fruit Extract, Green tea Leaf Extract 50% Polyphenols, Nettle Root Extract, Resveratrol (from Japanese Knotweed Extract Root), Chrysin, CoEnzyme Q10		

* Percent Daily Values are not established



by Aina

Very Impressed

My daughters and I love this product. It stopped my hot flashes and I just feel better. My daughter would lie in bed for 2 days with period cramps. After taking DIM she no longer has the serious pain and can work the same day her cycle begins. She now has regular cycles where as before the DIM she would miss a couple of months at a time. We are more than pleased.



by Regina Foster

Great Results

I have Fibrocystic breast tissue that causes my breasts to be lumpy. The lumps are smoothing out since I started using Estroclean! My periods are less painful as well. I am amazed by this and suggest anyone facing challenges with these issues give this a try. Love all of the skin care too.



by Jennifer

Hot Flashes be Gone

This product is excellent for hormonal balance. I was having hot flashes, hormonal acne and pre-menopausal symptoms. I have seen a tremendous improvement in all of the above. Can't get enough of it! Love these products.



by Chenai Muchemwa

Love this product

I felt the difference right away!! This product gave me so much energy and helped with my digestion! I am going to combine it with the Thera cleanse and Raw pills and mega cleanse for even better results. Worth trying.



by Dan Solloway

Healthy Testosterone Levels

I want to let you know what I found about your Dim product. Every three months I get blood workup because I am now 70 and so I was taking a drug the Doctor prescribed to keep my estrogen at a low, healthy level. But after taking your Dim product it had cut my Estradiol Levels to a point that the Doctor said to cut your prescription in half. What I most like about Dim is that my Freed Up Form of Testosterone is now very healthy, especially for my age.