

The Intensive Renewal Serum

This light yet rich formula of essential oils and botanical extracts absorbs quickly, making it invaluable. It provides a **gentle plumping action on lines**, improves elasticity, and encourages cellular regeneration.

It contains a patented ingredient derived from Echinacea, and Gotu Kola called Butylene Glycol, Hydrocoytl extract, and Coneflower extract. **DMAE (dimethylaminoethanol is a natural food component, and a natural metabolite of the human body), Alpha lipoic acid, and C Ester** has been added to round out this perfect anti-aging formula. Numerous published observations have documented the fact that asiatic acid, and asiaticosides extracted from Centella asiatica, or **Gotu Kola** has the ability to stimulate dermal fibroblasts and **increase collagen** synthesis in the skin. In addition, Coneflower Extract or Echinacea angustifolia, contributes to the integrity of the skin by increasing the viscosity of the ground substance between the cells. Coneflower extract has been shown to have strong anti-inflammatory and immune enhancing properties. **Clinical studies** have shown that **there is a considerable reduction in lines and wrinkles** in four weeks of continued use. Skin tone and **texture is also greatly improved in just one week of use and continues to improve for months. Acne prone skin improved greatly.**

Results from clinical studies show that this combination of ingredients, **in fact, increases** superficial and integral **skin firmness**, increases the thickness and density of the epidermal and dermal compartments, and results in a clinical **improvement of the skin surface**. The serum tightens and tones the skin noticeably. It should be applied after the toner, and can be used with the Intensive Renewal Complex, Hydrating Nourisher, and/ or the Day Renewal Complex.

Intensive Renewal Complex

This state of the art skin treatment lightly moisturizes and is recommended for all skin types. It contains **no artificial colors** or fragrances. It contains **DMAE, Alpha Lipoic Acid, and C Ester**.

Butylene Glycol and Hydrocoytl extract have been added to further enhance firming and texture of the skin. These are patented ingredients derived from Echinacea and gotu kola. In clinical studies these ingredients have been shown to noticeably firm and tone skin in 30 days of use. **Wrinkles and lines were diminished by 66%, and skin tone and texture improved dramatically!**

Glycolic acid, an acid derived from sugar cane, has been added to slough off dead skin cells that make the skin dull and sallow, revealing a younger, fresher skin underneath.

Those who have **acne prone, oily skin will have fewer breakouts**, and when breakouts do occur (usually due to hormone fluxuation,) they notice fewer blemishes and those heal quicker. Old scars and dark spots also begin to fade.

People with aging, sagging, and sun damaged skin, notice huge improvements in over all texture, feel, and look of their skin. Many report **lightening of dark spots** caused from the sun and hormones, resulting in a noticeably younger more flawless look!

This fabulous formula may be used day and night, and in conjunction with the Intensive Hydrating Nourisher, Day Renewal Complex, and the Intensive Renewal Serum. It wears well under make-up, providing a dewy look and feel.

Day Renewal Complex

This combination of herbal extracts and anti-oxidant vitamins rebuilds, nourishes and protects the skin from the ultra-violate rays of the sun and pollutants in the air. It may be used for **all skin types**.

It **minimizes pores** and creates a dewy, never oily finish. Wear it alone or under your favorite foundation. Make-up goes on smooth and stays fresh all day!

It is Aloe Vera based, and contains **DMAE, Alpha Lipoic Acid, C Ester** and glycolic acid. These anti-aging ingredients have been shown to firm sagging skin and improve texture and elasticity in the skin with extended use.

It contains no artificial colors or fragrances. It contains Butylene Glycol and Hydrocotyl extract. These are patented ingredients derived from Echinacea and gotu kola. In clinical studies these ingredients have been shown to reduce lines and **wrinkles by 66%** and noticeably firm and tone skin in 30 days of use. Skin texture, suppleness, and over-all look and feel continue to improve with continued use.

Other natural ingredients include Jojoba oil, Squalane, Collagen, Comfrey extract, Sage extract, Lemon extract, Ivy extract, Carrageenan extract, Cucumber extract, Panthenol (vitamin B-5), Allantoin, and Grapeseed Oil.

This formula may be used alone or in conjunction with the Intensive Renewal Complex, Hydrating Nourisher, and Serum.

Intensive Renewal Hydrating Nourisher

The natural ingredients combine to create an exceptional product that deeply moisturizes, nourishes, and firms. It can be used both day and night. Normal to dry skin can use it alone or in conjunction with the Intensive Renewal Complex, The Day Renewal Complex, and the Intensive Renewal Serum. **It is beneficial**

as an eye treatment as well as providing more firming and nourishing for the face and throat. (Oily skin should use it as an eye treatment).

It wears well under make-up, and further protects the skin from free radical damage caused by pollution and sunlight.

Like the other formulas in the Intensive Renewal line it is Aloe based, contains **Alpha Lipoic Acid, DMAE, vitamins A, E, and C Ester**, and no artificial colors or fragrances have been added.

This formula contains **MSM** or Methylsulfonylmethane. This enables the nutrients and botanical extracts to be absorbed deeper into the skin's inner layers plumping out lines and wrinkles. Studies have shown a significant increase in moisture content in the deepest layers of the skin when MSM is included.

The Intensive Hydrating Nourisher also contains Panthenol (vitamin B5), Grapeseed oil, Jojoba oil, Kukui nut extract, Algae extract, Elastin, Collagen, Ginseng, Gotu Kola, Echinacea, Green Tea, and Papaya extracts to provide naturally occurring antioxidants, Polyphenols, bioflavonoids, and nutrients A, C, and E. They also aid circulation, and provide anti-viral properties. In addition, these botanical extracts contain vitamin K and many minerals.

The Papaya extracts further enhance the sloughing off of dead skin cells revealing a younger fresher skin.

The formula is Aloe Vera based, and contains **DMAE, Alpha Lipoic Acid, and C Ester**. These ingredients along with the nutrient rich herbal extracts and botanical oils penetrate to the deepest levels of the skin to rebuild and nourish new skin cells. These include Jojoba oil, Grapeseed oil, Squalane, Collagen, Safflower oil, Carrageenan, Comfrey, Cucumber, Ivy, Lemon, Sage, Allantoin, and Panthenol or vitamin B-5. These natural ingredients all add up to the most comprehensive natural skin care available.

Intensive Renewal Cleanser

This special cleanser has been formulated with Aloe Vera as the base and ten natural botanicals to soothe and nourish while it thoroughly cleanses. Soft and gentle to the skin, it is **pH balanced** so it won't disrupt the acid mantle that protects the skin.

This creamy cleanser is for all skin types. It removes make-up on contact, is light in texture and will not leave a greasy feel on the skin. You'll see skin that is smoother and clearer.

The herbal extracts include Chamomile extract, Anise extract, Arica extract, Calendula extract, Elderberry extract, Dandelion extract, Coneflower extract,

Ginseng, Hops, and Panthenol (vitamin B-5). These herbs have healing, soothing, antiseptic, and germicidal qualities.

It is especially healing and soothing for acne and blemished skin. Never drying, so it is equally good for dry skin.

Intensive Renewal Toner

A unique blend of natural ingredients designed to hydrate the skin and gently exfoliate dead skin cells. **Glycolic acid** is the natural exfoliating agent. This formula is Aloe Vera based with 12 botanical extracts to soothe, tighten and firm the skin. It **refines pore size** and acts as a second cleanser.

It contains Plantain extract, Rosemary extract, Papaya extract, Comfrey extract, Lemon extract, Acacia extract, Alfalfa extract, Balm of Gilead extract, Bladderwack extract, Calendula extract, Chamomile extract, English Cucumber extract, Sodium PCA, Panthenol (vitamin B-5), Essential oils of: Jasmine, Rosemary, Sage and Cedarwood.

This blend of herbs and nutrients prepares the skin for treatment with the Intensive Renewal Serum, Day Complex, Hydrating Nourisher, and / or the Intensive Renewal Complex.

Intensive Renewal Deep Cleansing Mask

The mask is designed to lift and tighten the contours of the face, alleviate wrinkling around the eyes and mouth and to thoroughly remove debris and dead skin cell from the pores. It is made from egg whites and Aloe Vera. It should be used at least once a week and not less than every 3 weeks.

It works best when used with steam therapy to loosen and soften hard, dried, sebum that is plugging up the pores.

This can be done by bringing a large saucepan of water to a full boil. Remove from stove and place it on a table top. For a very pleasing and relaxing experience, add some chamomile tea bags to the steaming water. Hold your head over the steam for 10 minutes. Use a towel to make a tent over your head to trap the steam leaving an opening for the steam to escape. If it is too hot make the opening bigger.

Mix one teaspoon of the egg white powder with one teaspoon of the Aloe Vera Activator to make a paste. Use the brush provided to apply in upward strokes. Apply generously too more wrinkled areas around the eyes and mouth. Lay back and relax for 15 minutes and allow the mask to dry. Don't move facial muscles. You'll feel a tightening sensation. After it is dry, wash thoroughly with the Intensive Renewal Cleanser followed by the Intensive Renewal Toner. Apply the

Serum, Hydrating Nourisher, and the Intensive Renewal Complex/ and or the Day Renewal Complex.

Oily skin types should use the mask twice a week for best results. When blemishes begin to improve, oily skin can reduce to once every week.

Normal to dry skin should use it once a week or no less than every 3 weeks for best results.

Intensive Renewal Body Firmer

This luxurious hand and body treatment is a new level of skin rejuvenation for a body lotion! It will nourish, pamper and soften your skin like no other. It contains Alpha Lipoic Acid, DMAE, and C Ester, which firm and improve skin tone of upper arms, hip, thighs, and entire body, and fight against further damage.

The anti-aging properties from the deep penetrating botanical extracts, anti-oxidant vitamins, add more benefits to refine and firm the skin.

This special blend of ingredients is Aloe Vera based, and contains a patented MSM concentrate to help preserve the skins moisture balance. Soft and light in texture, it penetrates quickly without leaving an oily and greasy feel. You'll enjoy the natural aromatherapy from all the wonderful herbal extracts and essential oils.

It contains Avocado oil, Emu oil, vitamins A, E and C, Beta-Carotene, MSM, Allantoin, Panthenol (vitamin B-5), extracts of: Hops, Rosemary, Horsetail, Pine, Lemon, Calendula, Meadowsweet, Grapeseed, Comfrey Root, and Balm of Gilead.

Apply liberally to body with special attention to rough spots like elbows and feet.

You'll be amazed at how vibrant and healthy your skin can be with the use of the unique natural "Skin Dynamics" skin care products.

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