

How to Finally Get Rid of Acne

Once and For All!

AM Wash your face with the cleanser followed by the Intensive Renewal Toner. Apply Acne 911 over entire face or just areas that are prone to break outs and black heads. Forehead, cheeks, nose and chin. If you get random breakouts all over, then put it on the entire face.

If you are super oily, you may not need additional moisture. **Most** people do. After the application of the Acne 911, apply the Mushroom Trilogy Serum, follow it with the SPF 30 Day Protection. Wait a couple of minutes, then apply makeup as usual or wear alone.

PM Wash your face. (At least 1-2 times per week, apply the Pro Enzyme peel. Leave on for 10 minutes only. Get in the shower and wash with the cleanser thoroughly to remove the peel. Apply a dime size amount of the microdermabrasion to your face and gently rub with no pressure in a circular motion to lift up the dead skin that the peel has loosened. Rinse thoroughly. This is best done in the shower as you are able to remove the microdermabrasion and the enzyme peel more efficiently.) Apply the Toner, the Acne 911, the Mushroom Trilogy Serum, and the Intensive Renewal Complex. If you are still dry, try the Multi Active Repaire Revolution instead of the Intensive Renewal Serum...

Use the Acne 911 on your face every morning and night even when it is clear. It will keep it clear. If you do get a breakout, it will go away very quickly.

The Acne 911 continues to kill the bacteria that live under the top layer of skin. Don't stop using it or the bacteria will multiply quickly resulting in more breakouts.

Take the Mega Cleanse Internal Cleansing Complex, Mega Nutritional System, and the Nu Born Skin Caps. These will nourish and heal the skin as well as all of your other organs.

Hormone imbalances are responsible for most acne and if you follow the above instructions I promise you will have conquered this problem once and for all. **Be Consistant!!!**

Older people who get occasional Cystic Acne

At the first sign of a cyst, rub the Acne 911 into it well 2 -3 times that first day. The second day rub it on well at least twice. Continue each day until it is gone. This will stop it from growing and it will be gone in 2 -3 days. You can apply any other treatments, makeup etc over it.

I KNOW PERSONALLY WHAT IT IS LIKE TO HAVE ACNE AND ADULT ACNE. THIS WORKS!!!